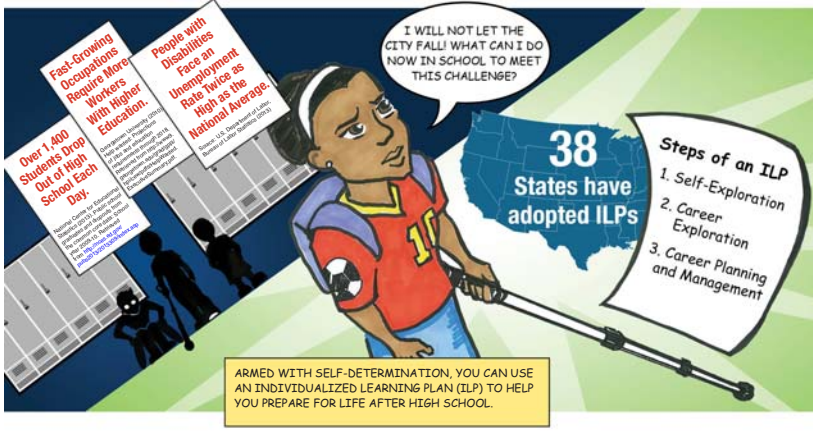
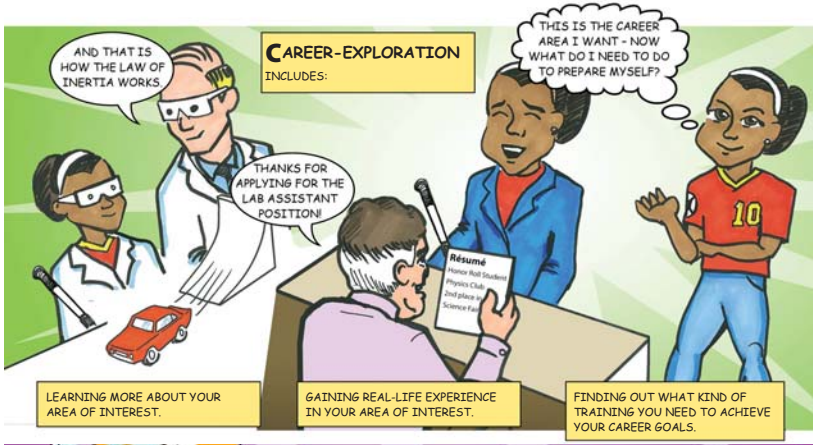
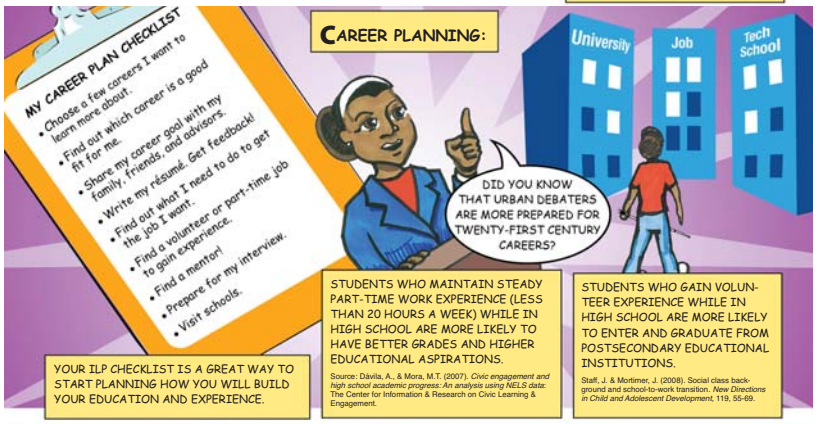
SHELLY SAVES THE FUTURE
A STORY OF CAREER DEVELOPMENT
IGNORANCE
WE'RE IN TROUBLE, GUYS, IF WE DON'T MAKE SURE WE ARE READY FOR LIFE AFTER HIGH SCHOOL!
THREE-QUARTERS OF HIGH SCHOOL GRADUATES ARE NOT READY FOR COLLEGE OR THE WORKFORCE.
Source: ACT, Inc. (2013). The condition of college & career readiness 2013. Retrieved from http://www.act.org/research/policymakers/cccr13/pdf/CCCR13-NationalReadinessRpt.pdf


Over 1,400 Students Drop Out of High School Each Day.
Fast-Growing Occupations Require More Workers With Higher Education.
People with Disabilities Face an Unemployment Rate Twice as High as the National Average.
I WILL NOT LET THE CITY FALL! WHAT CAN I DO NOW IN SCHOOL TO MEET THIS CHALLENGE?
38 States have adopted ILPs
Steps of an ILP
1. Self-Exploration
2. Career Exploration
3. Career Planning and Management
ARMED WITH SELF-DETERMINATION, YOU CAN USE AN INDIVIDUALIZED LEARNING PLAN (ILP) TO HELP YOU PREPARE FOR LIFE AFTER HIGH SCHOOL.

SELF-EXPLORATION
IS ABOUT ASKING YOURSELF THREE THINGS:
YOU'RE ALWAYS TAKING THINGS APART.
I LIKE FIGURING OUT HOW THINGS WORKS!
WHAT DO YOU LIKE?
WHAT ARE YOU NOT INTERESTED IN DOING AS A CAREER?
WHAT ARE YOU GOOD AT?


AND THAT IS HOW THE LAW OF INERTIA WORKS.
CAREER-EXPLORATION
INCLUDES:
THIS IS THE CAREER AREA I WANT - NOW WHAT DO I NEED TO DO TO PREPARE MYSELF?
THANKS FOR APPLYING FOR THE LAB ASSISTANT POSITION!
Résumé
LEARNING MORE ABOUT YOUR AREA OF INTEREST.
GAINING REAL-LIFE EXPERIENCE IN YOUR AREA OF INTEREST.
FINDING OUT WHAT KIND OF TRAINING YOU NEED TO ACHIEVE YOUR CAREER GOALS.


MY CAREER PLAN CHECKLIST
• Choose a few careers I want to learn more about.
• Find out which career is a good fit for me.
• Share my career goal with my family, friends, and advisors.
• Write my résumé. Get feedback!
• Find out what I need to do to get the job I want.
• Find a volunteer or part-time job to gain experience.
• Find a mentor!
• Prepare for my interview.
• Visit schools.
CAREER PLANNING:
University
Job
Tech School
DID YOU KNOW THAT URBAN DEBATERS ARE MORE PREPARED FOR TWENTY-FIRST CENTURY CAREERS?
YOUR ILP CHECKLIST IS A GREAT WAY TO START PLANNING HOW YOU WILL BUILD YOUR EDUCATION AND EXPERIENCE.
STUDENTS WHO MAINTAIN STEADY PART-TIME WORK EXPERIENCE (LESS THAN 20 HOURS A WEEK) WHILE IN HIGH SCHOOL ARE MORE LIKELY TO HAVE BETTER GRADES AND HIGHER EDUCATIONAL ASPIRATIONS.
Source: Dávila, A., & Mora, M.T. (2007). Civic engagement and high school academic progress: An analysis using NELS data: The Center for Information & Research on Civic Learning & Engagement.
STUDENTS WHO GAIN VOLUNTEER EXPERIENCE WHILE IN HIGH SCHOOL ARE MORE LIKELY TO ENTER AND GRADUATE FROM POSTSECONDARY EDUCATIONAL INSTITUTIONS.
Staff, J. & Mortimer, J. (2008). Social class background and school-to-work transition. New Directions in Child and Adolescent Development, 119, 55-69.

I AM READY FOR THE FUTURE!
BYE BYE IGNORANCE!
WITH AN ILP AND A SUPPORT NETWORK OF FAMILY, EMPLOYERS, TEACHERS, AND FRIENDS, YOU CAN STAY ON TRACK, BE BETTER PREPARED FOR LIFE AFTER HIGH SCHOOL, AND ACHIEVE YOUR GOALS.
MORE INFORMATION ON ILPS CAN BE FOUND AT http://www.dol.gov/odep/topics/youth/ or http://www.ncwd-youth.info/ilp